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RULES for the DIETARIES of THE PRISONS IN SCOTLAND, authorized by one of Her Majesty's Principal Secretaries of State, in terms of Sect. 9 of 'The Prisons (Scotland) Administration Act, 1860.'

The term 'Juveniles' is to apply to persons not above fourteen years of age.

THE following are the Tables of Diets for the several classes of Prisoners:—

I.

Persons under sentence to Imprisonment not above three days:—

- Breakfast . . . 1 pint of Oatmeal Gruel.
- Dinner . . . 1 lb. of Bread.
- Supper . . . 1 pint of Oatmeal Gruel.

II.

Persons under sentence to Imprisonment above three days, and not above fourteen days.

Females and Juveniles under sentence to Imprisonment above fourteen days, and not above two months, not with Hard Labour.

Females and Juveniles under sentence to Imprisonment with Hard Labour not above ten days.

BREAKFAST.	DINNER.	SUPPER.
4 oz. of oatmeal made into porridge, with $\frac{1}{2}$ pint of milk.	1 $\frac{1}{2}$ pint of barley broth, with 6 oz. of wheaten bread; or, 2 $\frac{1}{2}$ lbs. of potatoes, with $\frac{1}{2}$ pint of milk.	1 $\frac{1}{2}$ lb. of potatoes, with $\frac{1}{2}$ pint of milk; or, 4 oz. of oatmeal made into porridge, with $\frac{1}{2}$ pint of milk.

III.

Adult Males under sentence as follows:—

To Imprisonment above fourteen days, and not above two months, not with Hard Labour.

To Imprisonment with Hard Labour not above ten days.

Females and Juveniles untried, or under sentence, as follows:—

To Imprisonment above two months, and not above six months, not with Hard Labour.

To Imprisonment with Hard Labour above ten days, and not above sixty days.

BREAKFAST.	DINNER.	SUPPER.
6 oz. of oatmeal made into porridge, with $\frac{1}{2}$ pint of milk.	1 $\frac{1}{2}$ pint of barley broth, with 6 oz. of wheaten bread; or, 2 $\frac{1}{2}$ lbs. of potatoes, with $\frac{1}{2}$ pint of milk.	1 $\frac{1}{2}$ lb. of potatoes, with $\frac{1}{2}$ pint of milk; or, 4 oz. of oatmeal made into porridge, with $\frac{1}{2}$ pint of milk.

IV.

Adult Males untried, or under sentence, as follows:—

To Imprisonment above two months, and not above six months, not with Hard Labour.

To Imprisonment with Hard Labour, above ten days, and not above sixty days.

Females and Juveniles under sentence as follows:—

To Imprisonment, with Hard Labour, above sixty days.

To Imprisonment above six months, with or not with Hard Labour.

To Penal Servitude,—during the first or probationary period of discipline.

BREAKFAST.	DINNER.	SUPPER.
8 oz. of oatmeal made into porridge with $\frac{1}{2}$ pint of milk.	2 pints of barley broth, with 8 oz. of wheaten bread; or, 2 $\frac{1}{2}$ lbs. of potatoes, with $\frac{1}{2}$ pint of milk, and 4 oz. of wheaten bread.	1 $\frac{1}{2}$ lb. of potatoes, with $\frac{1}{2}$ pint of milk; or, 4 oz. of oatmeal made into porridge, with $\frac{1}{2}$ pint of milk.

V.

Adult Males, under sentence as follows

To Imprisonment with Hard Labour above sixty days.

