

74. The inmates of the Reformatory shall mess together, and the food should be carved in the room, and should not be weighed out to each man. An inmate who has any complaint to make regarding the diet furnished to him must make his request to the officer deputed for that purpose as soon as possible after the diet is handed to him.

75. Any special addition to the food in the diet scale may, in the case of an inmate not being a patient in the infirmary, be made only with the permission of the medical officer.

#### *Clothing.*

76. Each inmate shall be provided with a complete and suitable dress, and shall be required to wear it. It is, however, not desirable to enforce strict uniformity, and unless there are special reasons to the contrary an inmate should be allowed to use his own clothes, if he desires.

77. Every inmate shall be required to keep himself clean and decent in his person, and to conform to such rules as may be laid down for that purpose.

78. Inmates shall be required to take baths at regular intervals, unless the medical officer otherwise directs.

79. Each inmate shall keep his room, utensils, books, and other articles issued for his use, and his clothing and bedding clean and neatly arranged. Any inmate may, however, if and on such conditions as the managers may approve, employ another inmate or a servant to relieve him from the performance of any unaccustomed tasks or offices.

80. Every inmate shall be supplied with sufficient and clean bedding. Additional bedding shall be issued during severe weather, or, in special cases, as the medical officer shall deem requisite.

81. An inmate shall not receive any clothing, bedding, or necessaries other than the allowance, except with the permission of the medical officer.

#### *Employment of Inmates.*

82. A time-table showing the hours of rising, work, meals, recreation, retiring, &c., &c., shall be drawn up, and be approved by the Secretary of State, and shall be exhibited in conspicuous places and strictly adhered to on all occasions. Occasional variations from it shall be allowed only subject to the consent of the inspector.

83. On Sunday, Christmas Day, Good Friday, and Fast or Thanksgiving Days, the labour of an inmate shall be confined to what is strictly necessary for the service of the Reformatory.

84. An inmate who is a Jew shall not be compelled to labour on his Sabbath or on such days of Festival as may be prescribed.

85. Every inmate should be encouraged to exercise his faculties and employ his time as remuneratively as possible. He should, therefore, be employed in that kind of work for which his training and capacity suit him, no matter what that work may be, provided it can be executed and supervised in a Reformatory without great inconvenience. Inmates accustomed to work of a superior kind should, whenever practicable, be encouraged to follow their ordinary vocations, and any money earned by the sale of their work should, after deducting a reasonable sum for their maintenance, be available for the support of their families, or for other suitable use. An accurate account of the earnings should be kept, and assignment of the sums to be allotted (1) for maintenance; (2) to the inmate for his own use; (3) to the inmate's family, or otherwise, should be made in each case, and notified to the inmate, who should have a right of appeal to the Secre-

tary of State. The scheme should specify what comforts (*e.g.*, tobacco, extra clothes, books, etc.) may be purchased by an inmate from that part of the earnings assigned to himself.

86. Chess, cards, and other games shall be provided for use in the day-room, to the satisfaction of the inspector.

87. Daily newspapers and magazines shall be placed in the day-room for the use of the inmates.

88. Drill and outdoor games shall be organized, and entertainments, such as lectures and concerts, shall be arranged from time to time.

89. A good supply of books shall be kept for the use of the inmates. Inmates shall be allowed to receive books or periodicals from their friends, if the superintendent is satisfied that they are of an unobjectionable nature.

90. Smoking shall be allowed in the day-room, or exercise yard and grounds, during recreation hours, under regulations which shall be prescribed by the managers.

91. Such provision shall be made for the instruction of the inmates as the inspector may think necessary, having regard to the circumstances of the Reformatory and the class of the inmates.

#### *Visits and Letters.*

92. Visits to inmates shall be made in sight of an officer, but not within hearing; but the superintendent shall have power if he sees reason for so doing to order the interview to be within hearing of the officer.

93. If there are reasonable grounds for suspecting that any person who comes to the Reformatory for the purpose of seeing an inmate, is exercising a bad influence on him, or brings in or takes out any article for an improper purpose, or contrary to the rules, or that his conduct may tend to subvert the discipline or good order of the Reformatory, the superintendent may suspend his visit and remove him from the premises, duly recording the fact in his journal.

94. The superintendent shall have power to give permission for visits on Sunday, when he is satisfied that it is inconvenient or impossible for friends to come at any other time.

95. Facilities shall be allowed to inmates to see solicitors, officers of the law, or other persons in connection with business transactions.

96. The managers may, when the circumstances of the Reformatory allow of it, permit female inmates to have their infant children with them.

97. Every letter to or from an inmate may be read by the superintendent; and if the contents are objectionable, it shall not be forwarded. Any letter, even if not in itself objectionable, may be stopped by the superintendent if addressed to or received from a person with whom it is undesirable that intercourse should be maintained. Any letter which may be stopped in accordance with this rule shall at once be forwarded to the inspector, with the reasons for suppressing it. Letters addressed to the Secretary of State or the inspector shall be forwarded unopened.

98. Inmates, unless deprived of the privileges for misconduct, shall be allowed to receive and write letters as often as they desire, and to receive a visit weekly; and the managers shall be empowered to allow additional visits whenever they consider it desirable.

#### *Religious Observances.*

99. Morning prayers shall be read daily.

100. Adequate arrangements shall be made for the holding of religious services on Sundays, Christmas Day, and Good Friday, and the managers shall, as far as is practicable, arrange for inmates of any particular religious persuasion to