

SCHEDULE A, Part II.—continued.

List of Rations for—

(iv.) DINNER—continued.

WOMEN.

No. CLASSES 3 AND 3A—continued.
(PLAIN DIET.)

9	Beef, boiled, 4 oz.; Pease Pudding 8 oz.	} WINTER ONLY.
10	Mutton, boiled, 4 oz.; Pease Pudding 8 oz.	
11	Pork, boiled, 4 oz.; Pease Pudding 8 oz.	
12	Bacon, boiled, 3 oz.; Pease Pudding 8 oz.	
13	Beef, boiled, 4 oz.; Haricot Beans 8 oz.	
14	Mutton, boiled, 4 oz.; Haricot Beans 8 oz.	
15	Pork, boiled, 4 oz.; Haricot Beans 8 oz.	
16	Bacon, boiled, 3 oz.; Haricot Beans 8 oz.	
17	Bacon, boiled, 3 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.	
18	Hashed Meat 5 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.	
19	Fish (wet), boiled or steamed, 8 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.	
20	Fish (dry), boiled or steamed, 8 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.	
21	Fish (wet), fried, 8 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz. (Sauce with boiled fish, $\frac{1}{2}$ gill per ration.)	
22	Soup, Pea, 1 pint; Bread 4 oz.	} WINTER ONLY.
23	Soup, Lentil, 1 pint; Bread 4 oz.	
24	Soup, Haricot, 1 pint; Bread 4 oz.	} SUMMER ONLY.
25	Soup, Barley, 1 pint; Bread 4 oz.	
26	Broth 1 pint; Bread 6 oz.; Cheese 2 oz.	
27	Broth 1 pint; Bread 4 oz.; Cheese 2 oz.; Suet Pudding 6 oz.	
28	Broth 1 pint; Bread 4 oz.; Cheese 2 oz.; Dumpling 6 oz.	
29	Meat Stew or Scouse 1 pint; Bread 4 oz.	
30	Irish Stew 1 pint; Bread 4 oz.	
31	Hotch Potch Stew 1 pint; Bread 4 oz.	
32	Meat Pie 14 oz.	
33	Potato Pie 14 oz.; Bread 4 oz.	
34	Sea Pie 14 oz.; Bread 4 oz.	
35	Meat Pudding 14 oz.; Potatoes or other Vegetables 6 oz.	
36	Suet Pudding 16 oz.	
37	Potatoes with Milk 20 oz.; Bread 2 oz.; Buttermilk 1 pint.	
38	Potatoes with Milk 20 oz.; Bread 2 oz.; Cheese 1 $\frac{1}{2}$ oz.	
39	Coffee 1 pint; Bread 6 oz.; Cheese 2 oz.	

WOMEN.

No. CLASSES 4 AND 4A.
(INFIRM DIET.)

A selection from Rations 1—39 in the preceding column, or from the following:—

40	Mutton, roast, 4 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.
41	Pork, roast, 4 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.
42	Collops 4 oz.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.
43	Savoury mince $\frac{1}{2}$ pt.; Bread 4 oz.; Potatoes or other Vegetables 8 oz.
44	Soup, Bouillon (Beef-broth), 1 pt.; Bread 6 oz.
45	Fish Pie 14 oz.; Bread 4 oz.
46	Egg 1; Bread 6 oz.; Butter $\frac{1}{2}$ oz.; Coffee 1 pt.
47	" 1; Bread 6 oz.; Margarine $\frac{1}{2}$ oz.; Coffee 1 pt.
48	" 1; Bread 6 oz.; Butter $\frac{1}{2}$ oz.; Cocoa 1 pt.
49	" 1; Bread 6 oz.; Margarine $\frac{1}{2}$ oz.; Cocoa 1 pt.

* See Instructions, page 6341.