

PART II.—*continued.*

List of Rations for—

(iv) DINNER—*continued.*

CLASS 6.

(Dietary for Class 6.)

<p>Beef, boiled, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Beef, roast, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Mutton, boiled, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Mutton, roast, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Pork, boiled, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Pork, roast, 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Tinned Meat 2½ oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Bacon, boiled, 2 oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Hashed Meat, 3 oz. ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Savoury Mince ½ pint ; Bread 2 oz. ; Potatoes or other Vegetables 6 oz. Soup, Pea, ½ pint ; Bread 3 oz. „ Lentil, ½ pint ; Bread 3 oz. „ Haricot, ½ pint ; Bread 3 oz. „ Barley, ½ pint ; Bread 3 oz. „ Bouillon, ½ pint ; Bread 3 oz. Milk ¾ pint ; Bread 3 oz. Beef, boiled, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Beef, roast, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Mutton, boiled, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Mutton, roast, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Pork, boiled, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Pork, roast, 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Tinned Meat 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Bacon, boiled, 3 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Collops 4 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Hashed Meat 5 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Savoury Mince ¾ pint ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Fish (wet), boiled or steamed, 8 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Fish (dry), boiled or steamed, 8 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. Fish (wet), fried, 8 oz. ; Bread 3 oz. ; Potatoes or other Vegetables 8 oz. *Soup, Pea, ¾ pint ; Bread 6 oz. * „ Lentil, ¾ pint ; Bread 6 oz. * „ Haricot, ¾ pint ; Bread 6 oz. * „ Barley, ¾ pint ; Bread 6 oz. * „ Bouillon, ¾ pint ; Bread 6 oz. *Broth, ½ pint ; Bread 6 oz. ; Cheese 2 oz. * „ ¾ „ „ 3 „ „ 1½ oz. ; Suet Pudding 6 oz. * „ ¾ „ „ 3 „ „ 1½ oz. ; Dumpling 6 oz. Meat Stew or Scouse, ¾ pint ; Bread 4 oz. Irish Stew, ¾ pint ; Bread 4 oz. Hotch Potch Stew, ¾ pint ; Bread 4 oz. Meat Pie 14 oz. Potato Pie or Shepherd's Pie 12 oz. ; Bread 3 oz. Fish Pie 12 oz. ; Bread 3 oz. Sea Pie 12 oz. ; Bread 3 oz. Pasties 12 oz. Meat Pudding 12 oz. ; Potatoes or other Vegetables 4 oz. Suet Pudding 12 oz. Potatoes, with milk 16 oz. ; Bread 2 oz. ; Buttermilk 1 pint. „ „ „ 16 „ „ 2 „ „ Cheese 1½ oz. *Egg 1 ; Bread 6 oz. ; Butter ½ oz. ; Coffee (half milk) ¾ pint. * „ 1 ; „ 6 oz. ; Margarine ½ oz. ; Coffee (half milk) ¾ pint. * „ 1 ; „ 6 oz. ; Butter ½ oz. ; Cocoa (half milk) ¾ pint. * „ 1 ; „ 6 oz. ; Margarine ½ oz. ; Cocoa (half milk) ¾ pint. Cocoa (half milk) ¾ pint ; Bread 6 oz. ; Cheese 2 oz.</p>	<p>Each of the foregoing with one of the following puddings, &c., to form one ration.</p>	<p>Suet Pudding 4 oz. Roley-poley Pudding 4 oz. Golden Pudding 4 oz. Dry Fruit Pudding 4 oz. Bread Pudding 4 oz. Batter Pudding 4 oz. Dumpling 4 oz. Fresh Fruit Pudding 6 oz. Rice Pudding 8 oz. Sago Pudding 8 oz. Semolina Pudding 8 oz. §Rice Milk ½ pint §Skim or Separated Milk or Buttermilk ½ pint</p>
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* See Instruction No. 6.
 § Not to be combined with soup to form one ration.