wreckage. Constables James and Crowley cleared away much of the debris and shored up overhanging masonry. It was just possible for Crowley to reach the woman by hanging head downwards and for more than an hour he worked in this position. Finally the woman was released and brought out.

By their combined efforts and courage James and Crowley were responsible for the release of the casualty practically unhurt.

Jack Dunn, A.R.P. Messenger, Coventry.

Dunn has shown great courage and devotion to duty during enemy air raids. On one occasion when communications broke down at his Post, he made at least six journeys to deliver important messages to the Control Centre, a distance of half a mile.

He was twice blown off his cycle by blast but completed his journey and continued his duties throughout the night.

Robert Josiah Steer Eakers, Police Constable, Plymouth Police Force.

During an air raid, high explosive bombs demolished houses. Constable Eakers entered one of the houses, the remaining walls and ceilings of which were likely to collapse, and found two casualties. He organised rescue parties and working with them removed five persons from the demolished property.

Prior to this Constable Eakers had rescued a bedridden elderly woman from a house which was on fire. At considerable risk Eakers carried her down two flights of stairs to safety.

Miss Sarah Jane Hands, A.R.P. Warden, Coventry.

During an air raid a house was demolished by a H.E. bomb. Miss Hands rendered first aid to a severely injured woman during which time two H.E. bombs dropped within twenty yards of them. After the patient's removal she helped, at considerable danger to herself, to extricate a man from the wreckage.

During the night and for many hours after the raid, Miss Hands went from incident to incident, dealing with fires and helping the injured.

Her brave efforts during the night were a source of inspiration to other workers.

Geoffrey Bruce Matthews, Auxiliary Junior Despatch Rider, London Fire Service.

Junior Despatch Rider Matthews has been on duty on nearly every occasion when enemy air attacks have been made on London.

He has carried out his duties in a remarkably efficient manner and with complete disregard of the dangerous conditions in which he worked. He has throughout shown a high degree of reliability and steadfastness of purpose in the performance of his duty.

Robert Harold Middleton, A.R.P. Warden, Coventry.

During an air raid a dwelling house received a direct hit, and a woman was buried under the wreckage. Middleton began to tunnel from the pavement through the wreckage of two rooms. He removed debris bit by bit and strutted the hole with timber as he went. It was necessary to saw through joists impeding his progress but he eventually succeeded in rescuing the woman.

Middleton showed bravery and devotion to duty.

John William Harry Pratt, Leading Man

(Painter), Samuel Varndell, Hired Skilled Labourer Admiralty Outstation.

Skilled Labourer, George Weaver, Hired Bricklayer,

Pratt, Varndell and Weaver showed great skill and initiative in combating fire caused by enemy action. With outstanding courage they faced the danger from exploding ammunition and bombs, rescued many wounded men and saved much valuable property.

James Roberts, A.R.P. Fire Warden, Salford.

Two men were buried under debris of a 3-storey house and shop which had been demolished by a H.E. bomb. One man was trapped in a cellar and portions of the debris had to be supported. Roberts directed these operations and then, working in a shallow tunnel in an exceedingly cramped position, he made his way to the casualty, who was eventually extricated.

After further propping of sections of the dislodged structure, Roberts was lowered head first into another portion of the cellar and succeeded in freeing the other man.

Roberts worked courageously and without respite throughout the whole of these operations which lasted several hours.

George Robert Symington, Police Constable, Liverpool Police Force.

Thomas Joseph Grant, .)

Foreman, Bertie Kavanagh, Member, A.R.P. Rescue Party, Liverpool.

During an air raid a man and a boy were trapped beneath a demolished building.

Constable Symington, together with Grant and Kavanagh, began tunnelling operations. Enemy aircraft were overhead and bombs fell within fifty yards of the men and demolished a nearby building. One of the two remaining walls of the wrecked house collapsed and Symington was buried to the thighs in debris. He remained in this position, supporting part of the wreckage with his body until, after two hours' continuous effort, the two victims were brought to safety.

All three men showed courage in effecting the rescue, being aware of the likelihood of the collapse of the remaining walls.

Stanley Thompson, A.R.P. Warden, City of London.

Warden Thompson, who is Verger of St. Dunstan-in-the-West, has shown courage and devotion to duty during air raids and by his initiative has prevented serious fires.