

- Albert Arnold Hopper, Able Seaman, Merchant Navy.
- James Thomas Horne, Foreman, Agency Services, Ministry of War Transport.
- Miss Emily Hornsey, Braiding Machine Attendant, W. T. Henleys Telegraph Works Company, Ltd.
- Haydn Hughes, Divisional Warden, Civil Defence Wardens Service, County Borough of Swansea.
- Hugh Alun Hughes, Donkeyman, Merchant Navy.
- Robert Hughes, Staff Officer to Chief Warden, Civil Defence Wardens Service, Liverpool.
- John William Hughson, Skipper of a Motor Boat.
- Gwendolin Helen Mary, Mrs. Hunt, Officer-in-Charge, Civil Defence First Aid Post, Lewisham.
- Laura Mary, Mrs. Hyde, Supervisor of Charwomen, Home Office.
- Thomas Joseph Ingoe, Chief Steward, Merchant Navy.
- Reginald Bernard Ivey, Inspector, Cornwall County Constabulary. For services to Civil Defence.
- James Jack, Able Seaman, Merchant Navy.
- James Henry Jackson, Storehouseman, Civil Engineer-in-Chief's Department, Admiralty, Mauritius.
- Thomas Jackson, Superintendent of Labour, David Rees & Company, Ltd.
- Herbert Jacobs, Foreman Manager, Upsons, Ltd.
- John James Jameson, Foreman Gear Maker, J. Rose & Company, Ltd. (Stevedores).
- Thomas James Daniel Jarvis, Principal Foreman of Stores, No. 3 Maintenance Unit, Royal Air Force.
- Richard Jeffrey, Planer, Babcock & Wilcox, Ltd.
- Molly Rosina, Mrs. Jeffries, Bombsight Assembler, Aron Electricity Meter, Ltd.
- Horace Nelson Jenkins, Company Officer, No. 5 Regional Headquarters, National Fire Service.
- George Henry Jenvey, Station Master, Portland, Southern Railway Company. For services to Civil Defence.
- Sidney Jesse, Senior Laboratory Assistant, Admiralty Engineering Laboratory, West Drayton.
- John Johanson, Donkeyman, Merchant Navy.
- George William Johns, Master Cooper, Royal Victoria Yard, Deptford.
- Henry Joseph Jones, Donkeyman, Merchant Navy.
- Ivor Gee Jones, Employee, de Havilland Aircraft Company, Ltd.
- Roderick Jones, Foreman Fitter, Barry Graving Dock & Engineering Company.
- Mahomed Kaka X Moosa Kaka, Deck Serang, Merchant Navy.
- Miss Grace Ellen Kallender, Deputy Telephone Supervisor, Waterloo, Southern Railway Company.
- Jeremiah Keane, Tractor Assembly Building Foreman, Ford Motor Company, Ltd.
- Edward James Kelly, Foundry Foreman, Brown Lennox & Company, Ltd.
- Robert Kelly, Carpenter, Merchant Navy.
- William Thomas Kelly, Foreman, Electrical Branch, H.M. Naval Base, Lyness, Orkney.
- Thomas Kennar, Able Seaman, Merchant Navy.
- James Kerr, Foreman, Boiler Department, John Brown & Company, Ltd.
- Ted King, Fire Guard Officer, Bilston.
- William Charles Knifton, Leading Fireman, No. 36 Area, National Fire Service.
- Elsie, Mrs. Laking, Area Organiser for Rest Centres, East Riding of Yorkshire County Council.
- William Frank Langhelt, Boatswain, Merchant Navy.
- George John Lansdown, Boatswain, Merchant Navy.
- Albert James Lark, Chief Officer, Class I, H.M. Prison, Wakefield.
- William Reah Lascelles, lately Foreman Ironman, Mercantile Dry Dock Company, Ltd.
- Miss Annis Maureen Laycock, Member of the Women's Land Army, Selattyn, Salop.
- Andrew Leckie, Chief Observer, Royal Observer Corps.
- James Lee, Skilled Fitter, Bristol Aeroplane Company.
- Thomas Leech, Engine-room Storekeeper, Merchant Navy.
- Albert Lees, Foreman Rigger, Grayson Rollo & Clover Docks Ltd.
- William Leslie, Stud Farms Manager, Department of Agriculture for Scotland.
- Thomas Lewis, Mains Superintendent, Central Electric Power Station, War Office, Aldershot.
- Alfred John Lilford, Steward of Alexandra Docks Canteen, Newport.
- Axel Lindberg, Carpenter, Merchant Navy.
- George Henry Llewellyn, Ambulance and Transport Officer, Civil Defence Services, Wolverhampton.
- Charles Augustus James Lowlett, Assistant Inspecting Officer, Naval Store Department, Admiralty.
- Ernest James Lucas, Workshop Foreman, Central Ammunition Depot, War Office, Bramley.
- William Ludlam, Turbine Fitter, Petters Ltd.
- Alexander Nicol Lumsden, Foreman, Aircraft Works, London and North Eastern Railway Company.
- David McBride, Inspector and Foreman, Caledonian Canal, Ministry of War Transport.
- James McCammond, Chief Steward, Merchant Navy.
- Albert Edward McCleod, Shop Foreman, Engineering Shop, General Electric Company, Ltd.
- Donald Campbell McConnell, Foreman Machinist, Babcock & Wilcox Ltd.
- Edward McCrindle, Skipper of a Fishing Boat.
- Andrew McCrossan, Inspector (Engineering), Belfast Telephone Area.
- Joseph McDonald, Boatswain, Merchant Navy.
- James McDougall, Foreman, Engineering Department, Laird & Son, Ltd.
- Philip MacGregor, Works Manager, Charles Ainsworth & Company, Ltd.
- Archibald McInnes, Ships' Plater, Harland & Wolff Ltd.
- Colin Mackenzie, Chief Cook, Merchant Navy.
- William Mackenzie, Quartermaster, Merchant Navy.
- Jack Mackeson, Chief Technical Inspector, Civil Defence Regional Rescue School, Edinburgh.
- Miss Isabella Kirkpatrick McKie, Charge-woman, Ministry of Supply Agency Factory.