

- HEARN, William David, Rigger, H.M. Dockyard, Portsmouth.
- HELLIER, Robert Langdon, Skilled Labourer, H.M. Dockyard, Devonport.
- HEMMEY, John Thomas Williams, Rope-maker, H.M. Dockyard, Chatham.
- HENTON, William Henry, Postal and Telegraph Officer, Northampton.
- HICKSON, Ireton, M.M., Postman, Harrow and Wembley.
- HILDER, Bertie George, Postman, Higher Grade, Abertillery Sub Office, Newport, Monmouthshire.
- HOBBS, William George, Rigger, H.M. Dockyard, Devonport.
- HODGE, Simeon Henry, Assistant Painter, H.M. Dockyard, Devonport.
- HOLLINGWORTH, Frank, M.M., Assistant Inspector, Post Office, Grantham.
- HOLMAN, Frederick George, Postman, Herne Bay Sub Office, Canterbury.
- HOLT, Joseph, Postman, Barrow-in-Furness.
- HONEY, Albert George, Machinist, H.M. Dockyard, Sheerness.
- HOOPER, Alfred Henry, Skilled Labourer, H.M. Dockyard, Devonport.
- HOWSE, Robert Valentine, Technician, Class II (A), Engineering Department, General Post Office.
- HULL, Leonard Austin, Overseer, London Postal Region.
- HUME, Robert, Postman, Higher Grade, Kelso.
- HUNTER, James Harold, Postal and Telegraph Officer, Penzance.
- HURDIDGE, Arthur William, Overseer, Post Office, Cardiff.
- HUSBAND, Gordon Dawkins, Ship Fitter, H.M. Dockyard, Chatham.
- IBBERSON, Adelaide, Assistant Supervisor, Class I, Post Office, Sheffield.
- JARVIS, Arthur Maurice, Technician, Class II (A), London Telecommunications Region.
- JEFFERIES, Alfred John, Shipwright, H.M. Dockyard, Portsmouth.
- JEFFERIES, May Ellen, Assistant Supervisor, Class II, Welwyn Telephone Exchange.
- JENKINS, William James, Assistant Inspector, London Postal Region.
- JESSEMAN, Lilia Ida, Assistant Supervisor, Class II, Post Office, Newport, Monmouthshire.
- JESSOP, Richard John, Engine Fitter, H.M. Dockyard, Devonport.
- JOHNS, Alfred, Shipwright, H.M. Dockyard, Devonport.
- JOHNSON, Arthur Henry, Postal and Telegraph Officer, London Telecommunications Region.
- JOHNSTON, George, Postman, Glasgow.
- JONES, Margaret Elizabeth, Telephonist, Post Office, Manchester.
- KELLY, Frederick George, Store Foreman, Central Ordnance Depot, War Office, Greenford, Middlesex.
- KELLY, Mabel Priest, Assistant Supervisor, Class II, Post Office, Liverpool.
- KENDALL, William John, Engine Fitter, H.M. Dockyard, Devonport.
- KNAPP, Stanley Venn, Shipwright, H.M. Dockyard, Devonport.
- KNELL, Ernest George, Technician, Class I, London Telecommunications Region.
- KNIGHT, Francis Henry Joseph, Postman, London Postal Region.
- LAMB, Thomas Ernest, Skilled Labourer, H.M. Dockyard, Rosyth.
- LANG, James Frederick, Ship Fitter, H.M. Dockyard, Devonport.
- LAWRENCE, William Henry, Skiller Labourer, H.M. Dockyard, Sheerness.
- LEWIS, Edgar Henry Thomas, Skilled Labourer, H.M. Dockyard, Devonport.
- LEWIS, Jane Ellis, Cleaner, Post Office, Cardiff.
- LILLICRAP, Charles Thomas, Joiner, H.M. Dockyard, Devonport.
- LILLIS, James Thomas, Skilled Labourer, H.M. Dockyard, Chatham.
- LORD, Jonathan, Postman, Higher Grade, Manchester.
- LUKE, Frederick James, Driller, H.M. Dockyard, Devonport.
- LYONS, George Adolphus, Postman, Cirencester.
- MCARDLE, Thomas Archibald Douglass, Inspector, Newcastle-on-Tyne Telephone Area.
- MCARTHUR, Duncan, Postman, Glasgow.
- MACDUFF, James, Postal and Telegraph Officer, Edinburgh.
- MCGEOWN, Thomas John, Postal and Telegraph Officer, Belfast.
- MCGLENNON, Edward, Postman, Glasgow.
- MCINTOSH, Kenneth, Postman, Drumnadrochit Sub Office, Inverness.
- MCKENZIE, Eliza Barclay, Postal and Telegraph Officer, Crieff.
- MCLEOD, William, Postman, Peebles.
- MCCLERIE, Alexander James, Foreman of Coining, Royal Mint.
- MCNICKLE, Thomas James, Postman, Trillick Sub Office, Omagh.
- MANN, James Henry, Technician, Class I, Middlesbrough Telephone Area.
- MARSH, Cecil Norman John, Overseer, London Postal Region.
- MARSH, George Ernest, Skilled Labourer, H.M. Dockyard, Portsmouth.
- MARTIN, Harold, Technician, Class I, Taunton Telephone Area.
- MASON, Herbert Frederick, Inspector, Post Office, Western-super-Mare.
- MATTHEWS, John William, Postman, Welshpool.
- MEERS, Bertram Will, Supervisor, Higher Grade, Post Office, Birmingham.
- MENHENITT, Samuel, Skilled Labourer, H.M. Dockyard, Devonport.
- METCALF, Henry Watson, Boilermaker, H.M. Dockyard, Devonport.
- MIFSUD, Guiseppe, Sailmaker, H.M. Dockyard, Malta.
- MIHELL, Albert Edward, Plumber, H.M. Dockyard, Portsmouth.
- MITCHELL, Alice Ethel, Assistant Supervisor, Class I, Post Office, Liverpool.
- MITCHELL, Jane Brown, Assistant Supervisor, Class II, Post Office, Glasgow.
- MOORE, Frank, Skilled Labourer, H.M. Dockyard, Devonport.
- MORFITT, May Evelyn, Leading Tracer, H.M. Dockyard, Portsmouth.
- MORGAN, Percival, Postman, St. Ives Sub Office, Penzance.
- MORLEY, John Thomas, Storehouse Assistant, R.N. Armament Depot, Upnor.
- MORRIS, Albert Richard, Engine Fitter, H.M. Dockyard, Portsmouth.
- MOVERLEY, Doris, Assistant Supervisor, Class II, Post Office, Dewsbury and Batley.