

- Charles George HIBBERT, Messenger, Department of Education and Science.
- John HIGGINS, Foreman, Fabrication Fitting Shop, Westburn Steelworks, British Steel Corporation.
- Derek Austin HIGHMORE, Sergeant, Dorset Police.
- Edward James HINDS, Senior Shipkeeper, H.M.S. "Discovery", Ministry of Defence
- Eva Celia, Mrs. HODGE, Cook/Supervisor, Devon School Meals Service.
- Victor Alfred HODGKINS, Chargehand/Craftsman (Joiner), Engineering Division, Atomic Energy Research Establishment, Harwell.
- Harold HODGSON, Herd Manager, Hunday Herd of British Friesians, Northumberland.
- Wilfred John HOLCOMBE, Mechanical Foreman, Maintenance Section, South West Gas, British Gas Corporation.
- William HOLGATE, Senior Foreman, Works and Building Department, London Transport Executive.
- Edward HOLLAND, Centre Lathe Turner, Platt International Ltd., Oldham.
- George HOLLAND, Craftsman Tester Electrician (Electronics), London Transport Executive
- Edward HORTON, Skilled Labourer, Ministry of Defence.
- William Henry HOWE, Foreman, A. B. Electronic Components Ltd., Abercynon, Glamorgan.
- Kenneth Evelyn HOYLE. For services to the community in North Yorkshire.
- George Lewis HUNT, Senior Foreman, TAC Construction Materials Ltd., Manchester.
- Roy Morgan JACQUES, Postman, Leicester Head Post Office, Midlands Postal Region.
- Henry Armstrong JAMES, Tuner, London Area, Harrison & Harrison Ltd, Durham.
- Eileen Maisie, Mrs. JARROLD, Foster-parent, Shefford, Bedfordshire.
- Sarah Jane, Mrs. JERVIS, Cleaner, Home Office.
- Charles Frederick JOHNSON, Millwright, Department of Employment.
- Charles Harry JOHNSON, Station Officer Grade I, H.M. Coastguard, Brixham, Department of Trade.
- Alice, Mrs. JONES, Mess Orderly Chargehand, Proof and Experimental Establishment, Shoeburyness, Ministry of Defence.
- George Edward JONES, Driver Mechanic, Ministry of Defence.
- Bernard John JUPP, Ambulanceman, Area Health Authority, East Sussex.
- Thomas KEARNEY, Hospital Chief Officer, H.M. Prison, Wandsworth.
- Robert Lous KEGGIN, Auxiliary Coastguard in Charge, H.M. Coastguard, Douglas, Isle of Man.
- Edward George KEIL, Toolroom Woodworker, Hawker Siddeley Aviation Ltd, Hatfield, Hertfordshire.
- Miss Gwendoline May LANGLEY, Constable, Metropolitan Police.
- Elizabeth, Mrs. LAST, Chief Officer Class II, H.M. Prison, Greenock.
- Matthew LETHBRIDGE, Coxswain, St. Mary's Lifeboat, Royal National Lifeboat Institution.
- Donald Richard LEWIS, Safety Officer, Rufford Colliery, North Nottinghamshire Area, National Coal Board.
- Francis Edward LEWIS, Head Porter, Victoria College, Jersey, Channel Islands.
- Percy James LEWIS, Professional and Technology Officer Grade IV, Ministry of Defence.
- Mary, Mrs. LIDSTER. For services to the community in West Lothian.
- George LONG, Departmental Manager (Foreman), Plessey Avionics and Communications, Ilford, Essex.
- Robert George LONG, Sergeant, Royal Ulster Constabulary.
- George LUCAS, Railway Shopman, Electric Traction Engineer's Department, Ilford, Eastern Region, British Railways Board.
- James McCALLUM, Boilermaker and Press Operator, Glengarnock Works, British Steel Corporation.
- David McCLEAN, Inspector, Northern Ireland Railways
- George McCORMICK, Training Instructor (Generation Operations), Northern Ireland Electricity Service.
- James John McDERMOTT, Rigger, Clarence Dock Power Station, Central Electricity Generating Board.
- William MacDONALD, Foreman, Ferranti Ltd., Dundee.
- Euphemia McGilp Lindsay, Mrs McDOUGALL, Exchange Attendant, Isle of Jura, Scottish Telecommunications Board.
- Hugh MACKAY, Inspector, Patrol Service, Automobile Association.
- Donald John MACKENZIE, Professional and Technology Officer Grade IV, Ministry of Defence.
- John Byrne McKIE, Training Officer, Barony Colliery, Scottish Area, National Coal Board.
- Robert Murray McLEAN, Plumber, Department of the Environment.
- Doris Aimee, Mrs. MacNEILL, Member, Amersham Ambulance and Nursing Division, St. John's Ambulance Brigade.
- Joseph Norman MAGILL, Station Officer, Northern Ireland Fire Service, Belfast.
- Alice Ivy, Mrs. MAILE, District Organiser, Castle Point, Essex, Women's Royal Voluntary Service.
- Ronald MANSELL, Foreign and Commonwealth Office.
- Andrew MARKS, Sergeant, Royal Ulster Constabulary.
- Emily May, Mrs. MARPLES, Canteen Manageress, Royal Greenwich Observatory.
- John Lewis MASON, Water Bailiff, Rheidol Hydro-Electric Power Station, Central Electricity Generating Board.
- Douglas MAY, Assistant, Equipment Department (General), British Broadcasting Corporation.
- Charles Arnold MENNELL. For services to the community, particularly the handicapped, in the City of York.
- Robert MILLAR, Ambulance Attendant, South Depot, Glasgow.
- Walter MILLER, Chargehand Gardener, Isabella Plantation, Richmond Park, Department of Environment.
- Ernest George MONK, Assistant Mechanics Foreman, London Research Station, British Gas Corporation.
- Charles William MORRIS, Porter, General Dental Council.
- George Bailey MORTIMER For services to the Bolton Lads' Club.
- James Dunn MORTIMER, Staff Instructor, Queen Victoria School, Dunblane, Combined Cadet Force.
- Leonard NEIGHBOUR, Head Messenger, Admiralty Engineering Laboratory, West Drayton, Middlesex, Ministry of Defence.