Mr. Farmer, who was at the same side of the counter as the gunman, rushed at him and a violent struggle followed; Mr. Thornton jumped the counter and went to assist. During the struggle the shotgun was fired, the shot narrowly missed Mr. Farmer's thigh and shattered a glass display cabinet. The recoil from the weapon sent the three men towards the door.

The struggle continued, the gunman attempting to aim the gun at Mr. Farmer, and another shot was fired which shattered the step at the entrance of the shop. Eventually, Mr. Farmer and Mr. Thornton managed to overcome the gunman and disarmed him when he fell

unconscious to the ground.

Mr. Farmer and Mr. Thornton displayed great courage when they tackled and overpowered this dangerous armed man.

William Robert Jackson, Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

Christopher James KEE, Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

Richard Henry Lomas, Systems Analyst, Stoke D'Abernon, Cobham, Surrey.

On 18th December 1975, two masked men entered a jeweller's shop and one of them, who was armed with a gun, threatened the two assistants while his confederate emptied jewellery from the window display into a bag.

Mr. Lomas was walking past the shop when he heard a noise. He saw the man seizing trays of rings from the window, whilst his companion took more jewellery from the assistants. The men then rushed from the shop and Mr. Lomas managed to trip up one of them and held on to him. A violent struggle followed and the captured thief shouted to the other man to shoot Mr. Lomas who, on seeing the robber raise his arm as though to strike, released the man he was holding and grabbed the other man's arm. At this point Mr. Lomas realised that the man had a gun and after a short struggle he eventually gained possession of the weapon but the gunman broke

The two robbers then ran off pursued by Mr. Lomas who called on them to stop but the men continued to

run and finally escaped.

Mr. Lomas acted very courageously when, in a public spirited action, he attempted to arrest the offenders and after threats to his life, disarmed his assailants and continued the chase.

Malcolm McConaghy, Lately Constable, Royal Ulster Constabulary.

James Francis McMullan, Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

John McIlroy, Reserve Constable, Royal Ulster Constabulary.

John Francis WALSH, Reserve Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

Robert James Mackay, Reserve Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

Wladek Mahsymuk, Able Seaman, Manchester Liners Ltd.

Anthony Rowen, Assistant Officer, H.M. Customs and Excise.

In bitterly cold weather conditions during the late afternoon of 2nd December 1975, a vessel was entering a lock in the Manchester Ship Canal. As it was almost in position, but with the propellor still turning, a seaman leaving the ship fell a distance of 25 to 30 feet into a gap of about 18 inches between the lock wall and the ship's side. Although ropes and lifebuoys were lowered to the man, he was unable to help himself. In the meantime blocks of timber had been wedged between the ship and the quay and a metal ladder was secured to the ship's

Mr. Mahsymuk, who was a member of the ship's crew, went down the ladder and attempted to secure a rope around the man so that he could be hauled from the water, but he was unable to achieve this as he was by this time in the water with the man who had become unconscious.

At this point Mr. Rowen, who is a member of the Manchester Mobile Rummage Crew, was in the Customs and Excise office on the lockside and heard the commotion. He went to the ladder and climbed down. By wedging himself on the lower rungs of the ladder and bracing himself against the ship's side he managed to lift the man from the water so that the rope could be secured under his armpits by Mr. Mahsymuk. The injured man was then hauled ashore by the ship's crew.

Mr. Mahsymuk and Mr. Rowen displayed great bravery and fortitude when, regardless of the danger to themselves from a moving ship and operating in an extremely confined space in cold, filthy and dark conditions, they went to the rescue of the injured seaman.

George Stanley Megaw, Reserve Constable, Royal Ulster Constabulary.

For gallantry in Northern Ireland.

Terence Layard Wolfe-Milner, Chief Pilot, Bristow Helicopters Ltd., Sumburgh.

On the night of 5th December 1975, Captain Wolfe-Milner and his crew in their helicopter were sent to carry out the emergency evacuation of four men from an oil rig which was adrift in the North Sea.

The weather conditions were extremely bad with strong winds and a heavy sea. The rig normally rests vertically on a ball joint on the sea bed and on the top of the structure is a helicopter deck on which small helicopters can land in fair weather. On the night in question it was impossible to see the surface of the sea whilst over the deck and Captain Wolfe-Milner therefore had no external reference except the deck which was continually moving. A high degree of skill was required to maintain adequate hover for winching and the problem was complicated and made more dangerous by a boom which was down wind of the deck so that hovering into the wind was impossible without the tail rotor being dangerously close to the boom.

Three attempts were made to get over the deck, but each time the rotor clearance was insufficient. During each attempt warning lights flashed in the cockpit because of the violent movement of fuel in the helicopter's Eventually, the approach was made out of wind and although this caused turbulence and increased the difficulty of controlling the helicopter, a hover over the deck was possible at about 15 to 20 feet and gave sufficient time for the first man to be lifted. Twelve such approaches were necessary before all four men were lifted clear by the winchman with the use of a double

lifting strap.

Throughout the operation Captain Wolfe-Milner showed a high degree of courage, initiative and skill.

Maurice John Montgomerie, Fireman, London Fire Brigade.

Fireman Montgomerie who, on 18th June 1975, was Officer-in-Charge of the initial attendance at a fire which had engulfed a corner building of four floors, and a