- Hilda Frances, Mrs. JAGGARD, Lately State Enrolled Nurse, Leavesden Hospital, South West Hertfordshire Health Authority
- Joan Millicent, Mrs. JENKINS, Co-ordinator, Womens Health Concern
- Frederick Arthur JOHNSTON, Senior Draughtsman (Cartographic and Recording), Ordnance Survey.
- Joseph Horatio JOHNSTON, Lately Craftsman and Teacher, Ironbridge Gorge Museum.
- Leonard George JONES, Filtration Supervisor, Portsmouth Water Company
- Kenneth Noel JORDAN, Caretaker, Omagh County Primary School, Western Education and Library Board
- William John KIDD, Foreman, Department of the Environment.
- Francis James KINSELLA, Engineer, Downe Hospital, Eastern Health and Social Services Board.
- Malcolm Arthur KIRK, Constable, West Yorkshire Metropolitan Police.
- Kenneth George KRELLE. For services to the Scout Association.
- Katherine Margaret Anne, Mrs. LACY. For services to the Dartford Rural Division, Soldiers', Sailors' and Airmen's Families Association.
- Thomas Henry LANE, Ships Supervisor, Tilbury Docks, Port of London Authority.
- Joan Laurance, Mrs. LAURANCE, Chairman, The Family Holiday Association.
- Henry John Gauld LAWRIE, Sergeant, Central Scotland Police
- Albert John LEAR, Groundsman and Caretaker, Queen Elizabeth's Grammar School, Ashborne.
- James Frederick LEYLAND, Lately Constable, Merseyside Police.
- Colin LIDDICOAT, Detective Sergeant, Metropolitan Police.
- Charles Albert LLOYD, Lately Assembly Shop Superintendent, Fairey Hydraulics Ltd.
- Cecil Roderick LOWMAN. For services to the Scout Association in Hemyock, Devon.
- Lawrence McAFEE, Grade D Roadman, Department of the Environment, Northern Ireland.
- Charles Grierson MACDONALD, Principal Officer,
- H.M. Prison Inverness. Enid Mary, Mrs. MCILVEEN. For services to the community in Lympstone, Devon.
- Samuel McKibben McLAUGHLIN, Caulker, Harland and Wolff Ltd.
- Miss Anne McNALLY. For services to the Hexham and Newcastle Diocesan Rescue Society.
- William MADDOCKS, Leading Ambulanceman, Eastern Health and Social Services Board, Northern Ireland.
- John MAIN, Harbour Master, Burghead.
- John Herbert William MARTIN, Coxswain Mechanic, Hastings Lifeboat, Royal National Lifeboat Institution.
- Robert MARTIN, Mechanical Fitter, North West Fransmission District, Midlands Region, Central Electricity Generating Board.
- William Hamilton MARTIN, No 2 Operator, Secondary Steelmaking Unit, Ravenscraig, British Steel Corporation.
- Gordon MAULE, Motorway Foremen, Durham County Council.
- Gordon Arthur MEACHAM, Senior Workshop Supervisor, Neasden Rolling Stock Depot, London Underground Ltd.
- John MERCER, Office Keeper II, Ministry of Defence.
- Roy Colin MILAM, Messenger and Postal Assistant, Fareham Borough Council.

- John Anthony MOONEY, Sergeant, Royal Ulster Constabulary
- Dennis Owen MOORE, Chief Officer II, H.M. Prison Ranby
- Francis William James MOORE. For services to the community in Wimborne Minster, Dorset.
- Rose Irene, Mrs. MOORE, Security Officer Grade V, Crown Prosecution Service.
- James MORRICE, Driver, Fife Scottish Omnibuses Ltd.
- John Henry MORRIS. For services to the community in Romford.
- Leslie MORRISON, Farm Bailiff, Ministry of Agriculture, Fisheries and Food.
- Kevin Peter MURPHY, Chief Petty Officer Instructor, Hoylake, Sea Cadet Corps Unit.
- Thomas John MURRAY, Head Shepherd, Caplegill Farm, Moffat, Dumfriesshire.
- Barry NEILD, Foreman Warehouseman, Longton Storage and Transport Ltd.
- Adrienne Sandra, Mrs. NEWMAN, Foster Parent, Leeds Social Services Department.
- Nora, Mrs. NEWSOME. For services to the community in Colne, Lancashire.
- Frederick George NIBLETT, Sergeant Major Instructor, 1st Cadet Battalion, The Gloucestershire
- Regiment, Army Cadet Force. Arthur Noel NORRIS, Lately Estate Warden, Ministry of Defence.
- Barbara Keith McBain Law, Mrs. NUGENT, Cleaning Supervisor, Duncan of Jordanstone College of Art.
- John George OLIVER, Retained Station Officer, Tyne and Wear Fire Brigade.
- Ronald James OWEN, Master, Trinity House Light Vessel Service.
- Brian Benjamin PALFREY, Supervisor, Wine and Spirit Store, Greene King and Sons plc.
- Jack PARKIN, Pharmacy Assistant, Manners (Hemsworth) D.J. Ltd., Barnsley
- Robert William James PEARCE, Vehicle Inspector, Freight Transport Association Ltd.
- Miss Elsie PEDLEY, Sub-Postmistress, Grinton, Richmond, North Yorkshire, The Post Office.
- Ifor Llewelyn PETERS, Foreman, Forestry Commission
- Mary Elisabeth, Mrs. PETERS, Secretary, Exmouth Branch. Save the Children Fund
- Hans Peter PETERSEN, Engineering Superintendent, Yarrow Shipbuilders Ltd.
- Alice Elizabeth Rose, Mrs. PETERSON, School Crossing Patrol, Metropolitan Police.
- Ernest Richard PINKERTON, Bulk Issue Store Manager, Navy, Army and Air Force Institutes.
- Tergence Walter POLL, Shift Grid Controller, South Western Region, British Gas Corporation.
- Fanny Elizabeth, Mrs. PRINCE. For services to the Overton Child Health Clinic.
- Leanna Baird, Mrs. PURDY. For services to the community in Crossgar and Newcastle, County Down.
- Peter William Elgar PURFIELD, Lately Signalman, Royal Yacht Squadron.
- John Charles RADFORD, Resident Head Gardener, Commonwealth War Graves Commission.
- Samuel RAMSDEN, Lately Warrant Officer, Rainham Detachment, 1039 (Gillingham) Squadron, Air Training Corps.
- Phyllis Monica, Mrs. RAWSON, Luncheon Club Organiser, Lytham St Annes, Women's Royal Voluntary Service.
- George REDMOND, Retained Sub-Officer, Somerset Fire Brigade.