

- John HODGSON, Traffic Checker, International Paint.
- Annalena, Mrs. HOGG. For services to the Women's Royal Voluntary Service in Roxburghshire.
- Ronald Walter HOILE. For services to the League of Friends, Chadwell Heath Hospital, Essex.
- Edmund HOUGHTON. For services to the community in Hayfield, Derbyshire.
- Averil Suzanne, Mrs. HOWELL, Member, Saxmundham, Suffolk, Women's Royal Voluntary Service.
- John Thomas HUGHES, Observer, Llanrhaeadr Post, No. 17 Group, Royal Observer Corps.
- John William HUGHES, Governor Grade V, H.M. Prison Bedford.
- William HUGHES, Steel Worker, Pallion Shipyard, North East Shipbuilders Limited.
- Eric Herbert HYDE, Foreman, Merthyr Tydfil Institute for the blind.
- John Charles JACK, lately Staff Instructor, Loretto School, Edinburgh, Combined Cadet Force.
- Peter William JARVIS, Station Officer, Norfolk Fire Service.
- Thomas Chapman JENKINSON. For services to the fishing industry at Filey.
- Frederick John Thomas JONES, Leading Ambulanceman, Gwynedd Health Authority.
- Henry William JUDD, District Service Officer, Southern, British Gas plc.
- Mary Butler, Mrs. MEADE-KING. For services to the Phobic Club in Plymouth.
- William Henry Richard KING, County Treasurer, Lincolnshire, The Royal British Legion.
- John LARKIN, Technical Officer, Northern Ireland Housing Executive.
- Thomas LAURIE, Professional and Technical Officer, National Engineering Laboratory, Department of Trade and Industry.
- Brian Ronald LEE, Detective Constable, Sussex Police.
- Norman LEE, Technical Officer, Lancashire and Cumbria District, British Telecommunications plc.
- Frank LEICESTER, lately Colliery Overman, Bickershaw Complex, Western Area, British Coal Corporation.
- Brian Joseph LE MAR, lately Clerk of Works, Canterbury Cathedral.
- Ralph Stanley LINHAM, Chairman, Glastonbury Club, The Royal British Legion.
- William Laurence LITHERLAND, Caretaker, Range High School, Sefton Local Education Authority.
- Kathleen Margaret, Mrs. LITTLE, Nursing Auxiliary, Accident and Emergency Department, Harringey Health Authority.
- Myra, Mrs. LLOYD, Transport Organiser, South West England, Women's Royal Voluntary Service.
- George Fraser LOW, Mashman, Glenfiddich Distillery, William Grant and Sons Limited.
- Marjorie Frances, Mrs. LYALL, Chairwoman, Thrift Shop, Rheindahlen Garrison.
- Susan Williamson, Mrs. McARTHUR. For services to Music.
- Beatrice Margaret, Mrs. MACEY, Administrative Assistant (Transportation), County Surveyors Department, Avon County Council.
- Robert McGOWAN, General Packer, Rempoy Aintree Factory.
- Francis Patrick McHUGH, lately Prison Officer, Northern Ireland Prison Service.
- Thomas Henry McIVOR, Store-keeper and Clerk, Eastern Health and Social Services Board.
- Evan Fraser MACKENZIE, Sub Postmaster, Burghead, Morayshire, The Post Office.
- John McMULLAN, Stores Officer D, Ministry of Defence.
- Reginald William MAGEE, Security Foreman, Northern Ireland Electricity.
- Hilda Helen, Mrs. MAIDMENT, Chairman, The Brook General Hospital Body Scanner Appeal.
- Frederick William MANN, Master Weaver, Edinburgh Tapestry Company Limited.
- Arnot MANSON, Fire Protection and Safety Officer, Clyde Port Authority.
- Francis MARGRAVE, Mobility Officer for Blind People, Essex County Council.
- Tom MARSDEN, lately Driver, East Yorkshire Motor Services Limited.
- Betty Margaret, Mrs. MARSH, Auxiliary Nurse, Dudley Road Hospital, West Birmingham Health Authority.
- Peter Miller MARTIN, Sub-Divisional Officer, South Yorkshire Special Constabulary.
- Eric Henry MASTERS, Senior Ranger, Forestry Commission.
- John Lindsay MATHEWSON, Constable, Humberside Police.
- Richard John Vaudin MAUGER, Sub Officer, Guernsey States Fire Brigade.
- Alfred MAWHINNEY, lately Chief Electronic Technician, Royal Victoria Hospital, Belfast.
- William MAXWELL, Convenor, General, Municipal, Boilermakers and Allied Trades Union, Sellafeld Site, British Nuclear Fuels Limited.
- Gordon David MAYHEW, Senior Administrative Assistant, Suffolk Constabulary.
- Miss Irene MAYKELS, Driver, Government Car Service, Department of the Environment.
- Miss Patricia Amy MINCHINTON, Cartographic Draughtsman, Ordnance Survey.
- Malcolm MORLEY, Sergeant, Greater Manchester Police.
- George Gordon Wyllie MORRISON, Reserve Constable, Royal Ulster Constabulary.
- Henry MORRISON, Senior Supervisor, Harland and Wolff plc.
- James Andrew MORRISON, Sergeant, Royal Ulster Constabulary.
- James Auld MORRISON, Craft Supervisor, Department of the Environment, Northern Ireland.
- Ernest William MUNRO, Governor Grade V, H.M. Prison Noranside.
- Gwen, Mrs. MURDIN. For services to the community in Higham Ferrers, Northamptonshire.
- John Forbes MURRAY, Supervising Bailiff I, Middlesborough Group of Courts.
- James George NEISH, Station Officer, H.M. Coastguard, Department of Transport.
- Harold NELSON. For services to Cycling.
- Robert Watson OPRAY, Constable, Metropolitan Police.
- Edward Cyril ORR, Constable, Royal Ulster Constabulary.
- David Henry PARMEE, Chief Observer, Woodvale Post, No. 21 Group, Royal Observer Corps.
- Henry Swan PATERSON, Safety and Training Officer, Barony Colliery, Scottish Area, British Coal Corporation.
- Leonard Charles PATTEN, lately Coxswain, Newhaven Lifeboat, Royal National Lifeboat Institution.
- Keith Charles PENTLOW, Stores Supervisor, Unilever Research, Colworth Laboratory.