

For services in assisting to overpower and detain an armed and dangerous gunman, following an attempted hold-up of two security guards in a bank.

John SULAIMAN, Sergeant, Metropolitan Police.

John William Alfred TILL, Constable, Metropolitan Police.

For services in rescuing a mentally disturbed man, who was threatening to commit suicide and had to be restrained by force from jumping from the ledge of a high bridge.

Anthony TEDESCHI, Sales Assistant, Walter Bull & Son, Jewellers, Brighton, Sussex.

For services in assisting a colleague to overpower and restrain an armed gunman during a hold-up in a jeweller's shop.

Mrs Deborah WELSH, Constable, Northamptonshire Police.

For services in single-handedly pursuing two men, later arrested for criminal offences, one of whom threatened her with a double barrelled sawn-off shotgun during the chase. Undeterred she continued to pursue the armed man.

Neil WIGGINS, Diver, Comex Houlder Diving Services.

For services leading to the rescue of two divers trapped underwater in a welding structure alongside an oil production platform in the North Sea.

Keith Malcolm WILLIAMS, Constable, Kent County Constabulary.

For services leading to the disarming and arrest of a man who had threatened him with a double barrelled shotgun.