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- Miss Kathleen Maria KING, Senior Personal Secretary, Ministry of Defence.
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- Miss Nadine KIPLING, Processing Systems Manager, Prescriptions Pricing Authority. For services to Industrial Relations.
- Arthur Alexander KIRBY, Trustee, International Flight Catering Association. For services to Airline Catering.
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- John (William Harry) LAMB, Area Roadside Services Manager (London), Automobile Association. For services to Motoring.
- Kenneth LAMBERT, Inspector Fitter, North Yorkshire Fire and Rescue Service.
- Miss Mary Eleanor LANGMAN, Director and Trustee, Wholefood Trust. For services to the Organic Food Movement.
- Miss Rose Brigid LAVERY. For services to Education.
- Christian Stuart Ross, Mrs. LAWLEY, Co-founder, Compassionate Friends. For services to Bereaved Parents.
- Sylvia, Mrs. LAWRENCE, School Crossing Patrol, Metropolitan Police, London. For services to Education.
- Charles Alan LE MAISTRE. For services to the community in Grouville, Jersey.
- Jean Leonie, Mrs. LE MAITRE, Organiser, Women's Royal Voluntary Service, Guernsey Bailiwick.
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- Arthur Albert LOCKWOOD, Joint General Secretary, The Royal Sailors' Rest Home. For services to Ex-Service Men and Women.
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- Joe LONERGAN. For political service.

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- Jean Young, Mrs. MACFIE, Member, Eastwood District Council. For services to Local Government.
- Helen Isabel, Mrs. MACGREGOR, District Organiser, Women's Royal Voluntary Service, Lochaber, Highland.
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- Surinder Lal MADAN, lately Local Officer 1, Department of Social Security.
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- Gordon MALLINSON, Constable, South Yorkshire Police.
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- Miss Audrey Grace MARTIN, lately Personal Secretary, Institute of Naval Medicine.
- Robert Norman MARTIN, Sub-Divisional Officer, Avon and Somerset Special Constabulary.
- John MATHER. For services to the Prison Service. Elizabeth, Mrs. MATHEWS, Chairman, Arthritis and Rheumatism Council for Research, Pangbourne, Berkshire.
- Gladys Gertrude, Mrs. MATHEWS, Shop Leader, OXFAM, Kingsbridge, Devon.
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- Anthony John McBRIDE, Executive Officer Department of Economic Development.
- Joan Emily Margaret, Mrs. McCARTHY, Executive Officer, the Buying Agency, Department of the Environment.
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