- Frances Mary, Mrs. LOWER. For services to Young People, particularly the Nottingham Access Centre, in Nottinghamshire.
- Fiona Jane, Mrs. LYALL, D.L. For services to the community, particularly Health Care, in Grampian.
- Margaret, Mrs. LYNE. For services to Bowling for Disabled People.
- Miss Hilda Jean Hester MacCLURE. For services to the British Red Cross Society.
- Donald Cameron MacDONALD, lately Public Relations Officer, Heriot-Watt University. For services to Education.
- The Reverend Donald MacKAY. For services to the Boys' Club Movement.
- The Very Reverend Father Robert Andrew MacKILLOP, Volunteer Observer, Meteorological Office, Fort Augustus, Inverness-shire.
- Donald MacLEOD, lately Technician, Scottish Ambulance Service. For services to the Scottish Ambulance Service.
- Miss Alison Ethel MACK. For services to Medicine in Glasgow.
- Brian Gerard MAGILL. For services to the Police.
- Alan John MAISEY, lately Forest District Manager, Forestry Commission.
- Fred MANN. For services to the community in Dunfermline, Fife.
- Derek George MARNOCH, Chief Executive, Aberdeen Chamber of Commerce. For services to Industry in North East Scotland.
- Miss Anne Calder MARTIN. For services to the Leonard Cheshire Foundation.
- Robbie Thornton MATHIESON, Tractor Driver, Nuneaton and Bedworth Borough Council. For services to Local Government.
- Fordyce MAXWELL, Agricultural Editor, The Scotsman. For Services to Journalism.
- Miss Patricia McCABE. For services to Homeless People in Maidstone, Kent.
- Miss Veronica Frances McCREDIE, Nursing Sister, The Hampstead Day Hospital for Older People, Royal Free Hospital, London. For services to Health Care.
- Alex, Mrs. McDONNELL, Co-ordinator, Gateshead Victim Support Scheme. For services to Victim Support.
- Kenneth McFARLAND. For services to the Police.
- Matthew McGARRY, Executive Officer, Department of Social Security.
- Beryl Sara Elizabeth, Mrs. McKAY, Executive Officer II, Department of Education.
- Charles Desmond McKNIGHT. For political service. William Lawrence McMILLAN. For services to
- Agriculture. Jean, Mrs. McNALLY. For services to Prisoner
- Welfare.
- George Ralph Graeme MEANLEY, Life President, Radio Warneford. For charitable services in Leamington Spa, Warwickshire.
- Anthony Victor MEDDLE, Member, Kent and Essex Sea Fisheries Committee. For services to the Fisheries Industry.
- Catherine Helena, Mrs. MEDLICOTT. For services to the community in Knighton, Powys.
- Hasu MEHTA. For services to the community in Crawley, West Sussex.
- Geraldine Rosemary, Mrs. MELHUISH, Foster Carer, Chiddingfold, Surrey. For services to Young People.

- Richard Furley MELLOR, V.R.D., Vice Chairman, Avon Family Health Services Authority. For services to Health Care.
- William Alan MELVILLE, Special Constable, Northern Constabulary. For services to the Police.
- Lotte Sally, Mrs. MEREDITH. For services to the community in Dyfed.
- Kenneth MERRIDAN, Grounds Manager, University College London. For services to Education.
- Paul MERRITT, Foreman Fitter, Vickers Shipbuilding and Engineering Ltd. For services to the Defence Industry.
- Miss Jane Hamilton MILLER, Health Visitor, Greater Glasgow Health Board. For services to Health Care.
- Miss Marie Pauline MILLIDGE. For services to the community in Feering, Colchester, Essex.
- John MISKELLY. For services to Education.
- Olga Rosina, Mrs. MITCHELL. For services to the community in Brancaster Staithe, Norfolk.
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- Jeanne, Mrs. MOORE. For services to the community in Hook, Surrey.
- Major Antony Richard Horton MORGAN, lately Head, Poppy Appeal Department, Royal British Legion. For services to the Royal British Legion.
- Marie, Mrs. MORGAN, Typist, Ministry of Defence.
- Lieutenant Commander Bernard Francis MORRIS, Royal Navy (Retd.), lately Honorary Secretary, Weymouth Lifeboat Station, Royal National Lifeboat Institution. For services to the Royal National Lifeboat Institution.
- Hilda Sherwood, Lady MORTON. For charitable services in Edinburgh.
- Patricia Kathleen Culling, Mrs. MOSELEY. For services to the community in Birmingham.
- Peter Michael MOULD, Divisional Commandant, Hertfordshire Special Constabulary. For services to the Police.
- Marie, Mrs. MOURANT, Co-ordinator, Liberation Tapestries, Jersey. For services to the community in Jersey.
- Miss Patricia Cargill MOWBRAY, Honorary Secretary, the Florence Nightingale Museum. For services to Museums.
- Miss Patricia Alexandria MURPHY, Personal Secretary to the Managing Director, Infrastructure Services, British Railways. For services to the Railway Industry.
- Anderson MURRAY, Chairman, Arthritis Care, Wick and District. For services to Disabled People and to the community in Wick, Caithness.
- Brian MURRAY, Procurement Manager, Scottish Fisheries Protection Agency.
- Gwendoline Frances, Mrs. NADEN, Support Manager 3, Department of Health.
- Patricia Ann, Mrs. NASH, lately Promotions Co-ordinator, Retail Marketing, British Sugar. For services to the Sugar Industry and to the community in Peterborough, Cambridgeshire.
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