- Adam Lydford, Higher Professional and Technology Officer, Ministry of Defence.
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- Charles Eric MacKay, CITES Team Leader, H.M. Board of Customs and Excise.
- Malcolm Mackenzie, Reservoir Engineer, West of Scotland Water Authority. For services to the Water Industry.
- Ewan MacLeod, Stockman, Dalmally Auction Mart. For services to the Crofting communities in Argyll and the Islands.
- William Alexander MacLeod. For services to the Royal British Legion Scotland.
- John Alfred Magowan, Q.G.M. For services to the Police.
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- Alan John Maltpress. For services to the Careers Research Advisory Council and to Business and Training in Cambridgeshire.
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- Mary Virginia Elizabeth, Mrs. Marshall. For services to the community, especially Elderly People, in Chippenham, Wiltshire.
- Philip Marshall. For services to the Police.
- John Thomas Martin, Assistant Firemaster, Strathclyde Fire Brigade. For services to the Fire Service.
- Rosemary Pauline Smith, Mrs. Martin, Personal Secretary, Ministry of Defence.
- Sheila Margaret, Mrs. Martin, Honours and Appointments Secretary, Ministry of Agriculture, Fisheries and Food.
- Harry Brown McArthur, Mobile Grocer, Isle of Skye. For services to the Rural Retail Trade.
- Miss Maria McCaffery. For services to the Export Marketing Research Scheme, British Chambers of Commerce.
- Eileen Mary, Mrs. McCormack, Divisional Officer, Metropolitan Special Constabulary. For services to the Police.
- Miss Lynda McCowie, Constable, Northumbria Police. For services to the Police, especially Victim Support.
- Miss Elizabeth Christina McDiarmid, Secretary, Perth and Kinross and Angus Provincial Mod. For services to the Gaelic Language.
- Hilda, Mrs. McDonald. For services to the Police.
- Patricia Anne, Mrs. McGinlay, Chairperson, Glen Oaks Housing Association. For services to Housing in Glasgow.
- Charlotte, Mrs. McGrath. For services to Elderly People and to the community.
- Miss Vicky McIntosh, Lead Nurse, Mount Vernon and Watford Hospitals NHS Trust. For services to Health Care.
- Miss Dorothy Roy McKinna. For services to Scouting in Scotland.
- Hugh McLafferty, lately Member, West Dunbartonshire Children's Panel. For services to the Children's Panel Service.
- Patrick John McLarry, General Manager, Shelwork Industries, Action for Blind People. For services to Employment for Disabled People.

- Phyllis Anne, Mrs. McMillan, President, Halliwick Association of Swimming Therapy. For services to Swimming for Disabled People.
- Ronald Gerald Patrick McMullan. For services to Pharmacy.
- Barbara Antoinette, Mrs. McOGG, Senior Personal Secretary, Department for Culture, Media and Sport.
- Ian Duncan Melville, Principal Weapons Systems Engineer, Matra BAe. For services to the Defence Industry.
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- Roy George Middleton. For services to the community in Tywyn, Gwynedd.
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- Annette, Mrs. MITCHELL, Chairman, Shetland Health Council. For services to Health Care.
- Jean, Mrs. MITCHELL. For services to International Understanding and to Young People.
- Prudence Jennifer, Mrs. MITCHELL, General Medical Practitioner, Dorset. For services to Health Care, especially for Elderly People.
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- Camille, Mrs. London-Miyo, Governor. For services to the Effra Nursery and Primary School, Lambeth.
- Rosemary Ann, Mrs. Moon. For services to Homeless People in Hastings, East Sussex.
- James Mooney, lately Supervisor (Discipline), Scottish Prison Service.
- Jacqueline Frances, Mrs. Morey, Head, Public Enquiry Office, Immigration and Nationality Directorate, Home Office.
- David Emrys Morgan, lately Clerk to the Town Council, Usk, Monmouthshire. For services to the community
- Dolly Irene, Mrs. Morgan, School Crossing Officer, Glynneath, South Wales. For services to Young People.
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- Graham Frederick Morris. For services to the M.R.C. Dunn Nutrition Unit.
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- Robert Ernest George Moy, Pursebearer to the Lord Chancellor, Lord Chancellor's Department.
- Brendan MURPHY. For services to Economic Development and to Communications in Rural Communities.
- John Murray. For services to the Boys' Brigade in Hamilton, Lanarkshire.
- Mary Geraldine, Mrs. Murray. For public service.
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