## **North East**

Voluntary Group Activit

**Darlington Coronary Support Group** 

Tynemouth Volunteer Life Brigade

Activity Description

It is the aim of the group that all heart patients and their carers can overcome their problems to again lead active and fulfilled lives. To support this process, the group offers facilities for discussion, information and education, for exercise, social meetings and relaxation.

Assist in the saving of life on the local coastline, through shipwreck or otherwise. Maintain and repair the Tynemouth Volunteer Life Brigade headquarters, attended to its preservation. Develop Brigades historical artefacts and look after museum. Involved in museum visits and lectures etc.

## North West

Voluntary Group Activity Description

Carisma

To promote a positive image of young people and assist them to access opportunities available to them, diverting those that are the most vulnerable or at risk of offending.

The Cheshire Academy of Integrated Sport

The Cheshire Academy provides children and young people opportunities in sport and the arts

and Arts working with young people who have physical, sensory or learning disabilities.

Vale Royal Disability Services

This group was set up to provide accurate information to empower physically disabled people,

their families and carers.

Women's Enterprising Breakthrough
WEB's aims: Education and support for local women and to provide a high quality service to woman, opportunities to explore personal choices and further their personal development, the

woman, opportunities to explore personal choices and further their personal development, the time, space and flexible support to regain confidence and self-esteem and to promote opportunities for developing women's personal skills to enable them to get more from their

life.

Woodlands Hospice Charitable Trust

Aim is to improve the quality of life for people living with cancer and other life threatening

illnesses and also support their families and friends.

Youth Action Ltd

The independent community organisation works with young people from 8-24 yrs across
Blackburn and Darwen. Offers young people activities which motivate, educate and allow
them to be productive in their spare time. Improves the quality of life for young people and the
whole community. Activities promote self help, empowerment and team work. Enhances

multicultural understanding and mutual respect. Enabling positive change.

## Northern Ireland

Voluntary Group Activity Description

Greater Shankill Alternatives Community Provide support volunteers who help victims of crime.

Support Volunteers (GSA's)

Riding for the Disabled: Omagh Group

To provide free of charge, riding sessions for children and adults with special needs in a safe environment.

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Derry City Red Cross—Meals on Wheels Meals on wheels service.