

## South West

<i>Voluntary Group</i>	<i>Activity Description</i>
Kidz 'R' Us	providing theatrical facilities, helping to encourage the self esteem and confidence of young people in St Ives and the surrounding areas
Wild Young Parents Project	providing opportunities for young mothers and their children in Cornwall to gain new skills and improve their self esteem
Trinity Methodist Church	reaching out to the community in Newlyn through its range of groups and activities
Women's Rape and Sexual Abuse Centre (Cornwall)	providing confidential support, advocacy and counselling to women living in Cornwall
Woolfardisworthy Sports and Community Hall	an environmentally friendly building with a wide range of facilities used by local community groups
Hospital Radio Bedside	regularly visiting patients in hospital, collecting their requests and providing a wide range of programmes to aid their well-being and recovery
St Peter's Hospice Volunteers	enabling patients to benefit from holistic care and providing support for carers and families
The Filling Station Swindon	providing food and basic provisions to the street homeless and those on low or no income
The Jo Benson Day Centre	providing a centre for physically disabled adults to socialise and gain access to advice and learn new craft skills
West Lavington Youth Club	offering young people a focal point for their activities and keeping them away from drugs and alcohol misuse

## Wales

<i>Voluntary Group</i>	<i>Activity Description</i>
Growing Space	offering real work skills and a support network to help people with mental disabilities reach goals and improve their quality of life
Aberdare Children's Contact Centre	facilitating meetings between estranged family members for the benefit of children
St John's Community Hall Management Committee	facilitating the needs of the community through a social centre providing access to groups for lone parents and people with physical or learning difficulties

## West Midlands

<i>Voluntary Group</i>	<i>Activity Description</i>
Club 2000 Sports and Leisure	providing sports and leisure opportunities for people with physical and learning disabilities living in Telford
Shrewsbury Children's Bookfest	inspiring, enthusing and entertaining children through literature and the Arts
Carers' Advice & Resource Establishment Sandwell	providing information on personal development, support and social interaction for carers in Sandwell
Friends of Victoria School	supporting young people with complex needs by providing positive experiences and promoting disability awareness
Moving On Club	a Solihull club offering companionship to past carers of people with Alzheimer or Dementia
Pedmore Senior Citizens' Club (St Peters)	bringing together the older and lonely members within the community through social interaction
Sahil Project	supporting Asian Women who suffer from stress, isolation and depression in Coventry and Warwickshire
Tipton Litter Watch	restoring environmental pride through practical regeneration and educational activities for young people in Sandwell