
CENTRAL CHANCERY OF THE ORDERS OF KNIGHTHOOD

St. James's Palace, London SW1

29 December 2018

THE QUEEN has been graciously pleased to approve the award of The Queen's Ambulance Service Medal for Distinguished service to the undermentioned:

QUEEN'S AMBULANCE SERVICE MEDAL

ENGLAND AND WALES

Q.A.M.

Pauline Karen CRANMER, Deputy Director of Operations,
London Ambulance Service.

Robert Jeffrey Steven HORTON, Responder Manager / Paramedic,
South West Ambulance Service.

Gregory Charles LLOYD, Head of Clinical Services, Welsh Ambulance
Services NHS Trust.

Gillian PLEMING, Utilisation Manager, Welsh Ambulance Services
NHS Trust.

SCOTLAND

Q.A.M.

Paul GOWENS, Lead Consultant Paramedic, Scottish Ambulance
Service.

MINISTRY OF DEFENCE

Whitehall, London SW1

29 December 2018

THE QUEEN has been graciously pleased to approve the award of The Queen's Volunteer Reserves Medal to the undermentioned:

QUEEN'S VOLUNTEER RESERVES MEDAL

ROYAL NAVY

Q.V.R.M.

Chief Petty Officer Aircrewman Andrew Stephen VANES, Royal Naval
Reserve, D975605V.

ARMY

Q.V.R.M.

Warrant Officer Class 2 Simon James COULSON, VR, The Mercian
Regiment, Army Reserve, 24847442.

Brigadier Peter Huw GILBERT, T.D., D.L., VR, Army Reserve, 508396.

Warrant Officer Class 2 Michael James GUEST, VR, The Royal
Logistic Corps, Army Reserve, 24731440.

Major Iain McLean MACDONALD, VR, The Royal Logistic Corps,
Army Reserve, 24739039.

Captain Tony Timothy O'HARA, VR, General List, Army Reserve,
24622554.

ROYAL AIR FORCE

Q.V.R.M.

Wing Commander Kayode Oludaisi Adesegun ADEBOYE, Royal Air
Force, 0091511H.

Flight Lieutenant Jane Tasmin COWLING, Royal Air Force, 2639453F.