

9. If one of these Rolls be laid lengthwise on the Tongue, and then a Mouthful of Water be taken and swallowed, the Roll will slip down along with the Water, so as scarce to be perceived in its Passage.

10. If the Patient drinks Lime-Water and Milk for his common Drink, during the Use of this Medicine, the Cure will be forwarded thereby; But then it will probably subject him to a greater Degree of Irritation and Pain in the Urinary Passages; and therefore is not adviseable in Cases where these Complaints are already considerable. Lime-Water is made by pouring a Gallon of cold Water upon a Pound of Quick Lime, stirring it about, and after it has stood for two or three Hours, passing it thro' filtering Paper.

11. Where the Irritation and Pain are very great, also where the Patient is subject to discharge much Blood with his Urine, the Medicine ought to be prepared with a very mild Lime and Soap, and even with a less Proportion of Lime, than according to the foregoing Direction. The Salt of Tartar may also be left out, as the Mass will not now be so apt to grow dry. But it seems requisite to give the Medicine in due Quantity in such Cases, lest the Stone should happen to be of so brittle a Nature, as to fall into Fragments with sharp Edges and Corners from a small Quantity; at the same Time that thro' Want of a due Quantity, the Urine is not powerful enough to make these Edges and Corners grow rotten, and fall off from the Fragments; but on the contrary, should suffer these Fragments to continue rough and hard, and thereby to occasion great Irritation, Pain and Danger. For the same Reason the Medicine ought not to be intermitted, whilst rotten Fragments are voided.

12. Where a Person cannot swallow the Rolls, nor take a sufficient Quantity of the above-mentioned Medicine in any other Form, the following may be directed in its Stead, viz. Mix equal Parts of powder'd Quick-Lime and Salt of Tartar together, and let the Patient take a Quarter of an Ounce of this mixed Powder in half a Pint of Milk three or four Times every Day. This Medicine appears to be of about equal Efficacy with that before-mentioned, but more apt to increase the Pain and Irritation. It cannot be taken in due Quantity in any other Vehicle besides Milk, as far as I have been able to discover; and when not taken in due Quantity, it appears to me to expose the Patient to the Hazards mentioned in the last Article, in a greater Degree than the foregoing Medicine. This Powder ought to be mixed with the Milk, only a few Moments before it is taken; otherwise it will acquire a great Increase of Acrimony. Pot-Ash purified by Solution, Filtration and Evaporation, or fixed Alkaline Salt of any Kind, may be used instead of Salt of Tartar, both in this and the foregoing Medicine.

13. A sixth or eighth Part of either of these Medicines taken every Day, seems sufficient to prevent the Formation of Gravel or Gravel-Stones. Half an Ounce of mere Soap, or a Pint of strong Lime-water, taken every Day, may also in general be sufficient for the same Purpose. Neither is there any Reason to apprehend, that any of these Methods will be hurtful to the Health, tho' continued for many Years. On the contrary, Soap, Lime, and Lime-water, appear to be very salutary to most Persons in the Decline of Life, and to be excellent Remedies in the Gout, in Jaundices, and in all such Disorders in the first Passages, as arise from, or are attended by Acidities

there. Soap alone in the Quantity of half an Ounce, or an Ounce a Day, is very useful in habitual Costiveness, and in Obstructions of the Catamenia, or Tendencies thereto, especially if there be previous Pains; as is strong Lime-water, mixed with an equal Quantity of Milk, and used for common Drink, in habitual Loosenesses. I am also inclined to believe, that a Diet, consisting of Bread, Milk, and Lime-water alone, if rigidly adhered to, and persisted in for a sufficient Time, would be of the greatest Service in many scorbutick and scrophulous Cases.

Feb. 10, 1745-6.

D. HARTLEY.

Whitehall, February 20, 1745-6.

*Whereas an anonymous Letter directed to Mr. Lefingham, Treasurer in St. Thomas's Hospital, Southwark, without Date, was sent by the Penny Post, and received on Tuesday the 18th Instant by the said Mr. Lefingham, threatening to shoot him, and to fire his and the Governor's Houses, and burn down the Hospital, unless they forebore to take in the King's Men, either Soldiers or Sailors; His Majesty, for the better discovering and bringing to Justice the Person or Persons who wrote and sent the said Letter, is pleased to promise his most gracious Pardon to any one of them, who shall discover his, her, or their Accomplice or Accomplices, so as he, she or they be convicted thereof.*

HOLLES NEWCASTLE.

St. Thomas's Hospital, Feb. 20, 1745.

*And as a further Encouragement for making such Discovery, I do hereby promise a Reward of One Hundred Pounds, to be paid upon the Conviction of the Offender or Offenders, pursuant to an Order of the General Court for that Purpose.*

Sam. Lefingham.

*The Court of Assistants of the Russia Company give Notice, that the Annual General Court of the said Company will be held at Salters Hall in Swithen's lane Cannon-street, on Saturday the 1st Day of March next, at Ten o'Clock in the Forenoon, for the Election of a Governor, Consuls, Assistants, and other Officers for the Year ensuing.*

Victualling-Office, February 18, 1745.

*The Commissioners for Victualling his Majesty's Navy, do hereby give Notice, that on Wednesday the 12th of March next, in the Forenoon, they will be ready to treat with such Persons as are inclinable to furnish Salt, also Hambourgh Pipe and Hoghead Staves, and Iron Hoops for the Service of his Majesty's Navy.*

London, February 22, 1745-6.

*The Committee for carrying on an Expedition by Hudson's Straights, for the Discovery of a North-West Passage to the Western and Southern Ocean of America, do hereby give Notice, that a General Meeting of the Subscribers to the said Discovery, is appointed to be held on Wednesday the 5th of March next, at Garraway's Coffeehouse in Exchange Alley, at Eleven o'Clock in the Forenoon, to consider of proper Measures for carrying the Undertaking into immediate Execution; and for the Choice of a new Committee for the Year ensuing.*

By Order of the Committee,

Sam. Smith, Secretary.